Safeguarding- Birmingham Waiting room website

Sent 12 Jan 2022 10:00

Dear Parent/Carer

We are committed to working with families to support children's mental health. Please see attached a link to the mental health section on the 'Birmingham Waiting Room' website ' site. It provides details on a wide range of mental health services to support young people and adults in Birmingham, particularly in relation to the on-going difficulties around Covid-19.

 Please email **safeguarding@hillcrest.bham.sch.uk** if you require any further support on this or any other safeguarding matter.

 Thank you

Hillcrest School

<https://the-waitingroom.org/mth#block>

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|  | [Mental Health support options in Birmingham & Solihull The Waiting Room](https://the-waitingroom.org/mth#block)TWR provides an alternative approach to taking control of our own health and well-being. It is a virtual bridge across “The Information Chasm” that connects support services to the recipient almost inthe-waitingroom.org |