**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Psychology**



**Summer Homework Task**

To be handed in during your first Psychology lesson.

**Task One:**

I would like you to research the five approaches of psychology we will be studying in year 12.

* The psychodynamic approach to psychology
* The behaviourist approach to psychology
* The cognitive approach to psychology
* The positive approach to psychology
* The biological approach to psychology

(You could write about research studies form each area listed above, e.g. classical conditioning—research has been conducted by Pavlov)

**Task Two:**

Create an illustrated poster of the brain with labels that describe the location and functions of certain parts of the brain.

**Task Three:**

Create an illustrated summary of one or more of the classic research studies we will be looking at in year one.

If you have any problems with the work, then please email Mrs Hubble:

**ahubble@hillcrest.bham.sch.uk**

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**The Psychodynamic Approach**

|  |
| --- |
| Define the ‘tripartite personality’ |
| Make notes on the 5 psychosexual stages of development (oral, anal, phallic, latent, genital) |
| Define 3 defence mechanisms |

**The Behaviourist Approach to Psychology**

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| --- |
| Summarise the key concepts of ‘Classical Conditioning’ |
| Summarise the key concepts of ‘Operant Conditioning’ |

**The Cognitive Approach to Psychology**

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| --- |
| Define what is meant by a ‘schema’? |
| Draw the ‘Multi-store model of memory’ and explain it. |

**The Positive Approach to Psychology**

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| --- |
| Define what is meant by ‘free-will’ |
| Make notes on ‘Mindfulness’ (How does it help people to be more positive?) |

**The Biological Approach to Psychology**

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| --- |
| What are ‘neurotransmitters’?  Give an example and explain the effects it has on the body. |
| What are ‘hormones’?  Give an example and explain the effects it has on the body |

**Task Two: The Human brain:** Create an illustrated poster of the brain with labels that describe the location and function of these parts of the brain:

Temporal lobe Frontal lobe Parietal lobe Occipital lobe

Broca’s area Wernicke’s area Motor cortex visual cortex

**Task Three:** Create an illustrated summary of one or more of the classic research studies we will be looking at in year one:

**Bowlby’s 44 thieves Loftus and Palmers’ car crash Watson and Rayners’ ‘Little Albert’**