

Safeguarding@Hillcrest

There are many organisations you can contact if you have concerns about any safeguarding issues you are worried about:



WWW.THINKUKNOW.CO.UK

This website provides useful guidance and support on issues such as E-Safety, sexting, sexual exploitation, domestic violence, sexuality, relationships, on-line friendships, on-line grooming, posting self-images on-line, on-line gambling and youth mental health issues.



WWW.CHILDLINE.ORG.UK

This website provides useful guidance and support on issues such as abuse and safety, home and families, bullying, feelings and emotions, anxiety, self-harming, mental health, sexual identify, sex and relationships, on-line and mobile safety, eating disorders and threats from extremist groups.



WWW.NSPCC.ORG.UK

This website provides useful guidance and support on issues such as on-line safety, sexual exploitation, meeting strangers, prostitution and exploitation, mental health, FGM, parental neglect and sexual health issues.

NSPCC Birmingham Centre – 0121 200 4600



Honour Violence

Honour Network – 0800 5999 247

www.respectnotfear.co.uk

Forced Marriage

www.fmu@fco.gov.uk / 0207 008 0151 / 0207 008 1500

www.freedomcharity.org.uk or 0845 607 0133



The organisations provide information on sexuality issues (Lesbian, Gay, Bisexual and Transgender)

www.lgbtfoundation.org.uk or 0345 3303 030

www.youngstonewall.org.uk or 0800 0502 020



The organisations provide information for young people who may experienced or witnessed domestic violence.

www.thehideout.org.uk

Amazon Young People's Service – 0121 359 5333
Birmingham Women's Aid – 0808 800 0028



The organisations provide information for young people who may experience different forms of bullying.

www.kidscape.co.uk or 0207 7303 300

www.bullying.co.uk or 0808 800 2222

www.need2know.co.uk

www.know-it-all.co.uk



The organisations provide information for young people who may suffer from and need support with mental health issues.

www.youngminds.org.uk or 020 7089 5050

www.youthspace.me

www.bsmhft.nhs.uk or 0800 953 0045



0800 77 66 00 talktofrank.com

Friendly, confidential drugs advice

The organisations provide information for young people who may need support with drugs and alcohol issues.

www.talktofrank.com or 0300 123 6600 / 0800 776 600

www.adfam.org.uk

www.harbour.org.uk



Female Genital Mutilation

The organisations provide information for young people who feel in danger or have experienced FGM.

www.mayacentre.org.uk

www.orchardproject.org.uk

www.womenssupportproject.co.uk

